

eNewsletter ~ December 2009

DATES TO REMEMBER:

1st Wednesday

Spirituality Meeting with
 Dick Rice
 Wednesday
 December 2
 7:00 p.m.

3rd Wednesday

“An Evening with
 Roger B.”
 Wednesday
 December 16
 7:00 p.m.

Lower Level Meeting Room;
 Coffee, Cake &
 Fellowship to follow

Upcoming Retreats at The

Mclver Center

Saturday – Monday
 December 26 - 28
a very special event
**Men & Women’s
 Silent Retreat
 with Mildred F.**

**LIMITED SPACE AVAILABLE
 CALL NOW!**

COMING IN JANUARY

Friday - Sunday
 January 15-17, 2010

“FORGIVENESS”

Weekend Retreat with
 Roger B.

(space is filling fast!)

[Click Here to Enroll](#)

[See us on Facebook](#)

What’s Going on?

(click on any underlined item below)

residential programs

[download a brochure](#)

family programs

[calendar](#)

[family transition series](#)

[brochure](#)

evening programs

[brochure](#)

[family program special offer](#)

weekend retreats

[calendar](#)

[upcoming retreats](#)

meditation classes

at the retreat - wayzata

**FREE - Call for more information
 952-476-0566**

alumni events

[meeting schedule](#)

[e-calendar](#)

[e-newsletter](#)

online 12 step meeting

(you will need a web camera/microphone)

12th ANNUAL HOLIDAY CALL-UP MEETING

THURSDAY, DECEMBER 17, 2009

FOOD, FUN & FELLOWSHIP

Fellowship

5:30 – 7:00 p.m.

CALL-UP Meeting

7:00 p.m.

COME ONE, COME ALL!

Daily Theme

**“If we do not challenge our spiritual
 beliefs, we do not grow spiritually.”**

-dj

The dj Collection – Number 1357



Sharing Silence

The experience of silence is now so rare that we must cultivate it and treasure it. This is especially true for shared silence.

To come together in silence -even just a few people- creates a field of consciousness, an awareness force.

This power helps us to see our lives more truly.

Each of us can make a tremendous difference simply through our intent and constancy.

In this way sharing silence is, in fact, a political act. When we can stand aside from the usual And perceive the fundamental, change begins to happen.

Our lives align with deeper values And the lives of others are touched and influenced.

We can ask others to practice with us.

Together we can grow and make a difference.

Sharing silence with others is a profound act of trust, love, and courtesy. It is a mutual gift, a necessity, a helping hand, a path, a discipline.

Anonymous

FAMILY YOUTH PROGRAM

BOY’S ~ AGES 8 – 12

Friday, January 1 – Sunday, January 3, 2010

Check-In 2:00 pm ~ Check-Out 4:00 p.m.

We believe children deserve their own healing and recovery, to be treated with dignity and respect, to be listened to and heard, and to have the opportunity to be kids!

[Click Here for more information](#)