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***...A SPECIAL OFFER... FOR FRIENDS AND FAMILIES  
OF OUR EVENING PROGRAM PARTICIPANTS...***

Alcoholism is a family illness. Studies continue to conclude that family involvement has a great impact on long term recovery. At The Retreat we strongly believe it is essential that families begin and continue their own journey of recovery.

Consider for yourself if you sometimes think, feel or act in ways that don't feel good to you. Ask yourself these questions:

Because of someone else's drinking or drug use...

*Am I afraid?*

*Am I worried or losing sleep?*

*Am I angry?*

*Am I confused?*

*Do I isolate and withdraw from family and friends?*

*Do I make excuses for the problem user and take on their responsibilities?*

*Do I make threats and decisions and not follow through on them?*

If you answered yes to any of these questions, getting help by attending our Family Program may be the answer.

**The Retreat is now offering its Family Program Weekend to a friend or family member of our non-residential Evening Program participants at a special reduced cost of \$250.**

To qualify for this discounted price one friend or family member must enroll for a Family Program Weekend within the first six weeks (Phase I) of the start of their loved one's Evening Program. Full payment is required up front. The cost for additional Family Program participants is \$450.

**Below is a schedule of upcoming Family Program Weekends:**

**2010**

**Thursday, September 2 - Sunday, September 5**

**Sunday, September 12 – Wednesday, September 15**

**Thursday, September 16 - Sunday, September 19**

**Thursday, September 30 - Sunday, October 3**

**Thursday, October 7 - Sunday, October 10**

**Thursday, October 21 – Sunday, October 24**

**Thursday, November 4 – Sunday, November 7**

**Sunday, November 14 – Wednesday, November 17**

**Thursday, November 18 – Sunday, November 21**

The Family Program operates from Thursday through Sunday at The Retreat's McIver Center for Family and Spiritual Development in Wayzata. The program begins with check-in from 4:00 pm to 6:00 pm on Thursday and ends at 2:00 pm on Sunday. Fees include room and board and program materials.

1221 Wayzata Boulevard East | Wayzata | MN | 55391

952-476-0566 or 1-877-446-9283

[www.theretreat.org](http://www.theretreat.org) (<http://www.theretreat.org/family-program.php>)

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FOR MORE INFORMATION OR TO ENROLL, PLEASE CONTACT HARRY CUNLIFFE OR ELLIE HYATT AT **THE RETREAT**

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