



Family Program and Family Activities

Weekend Family Program: The Retreat 30-day program includes one family member participating in the family program.

- Usually the first and third weekend of each month
- This program starts on Thursday night and concludes Sunday at 2pm.
- Participants stay in the McIver Center for the weekend.
- The program is for any family member or friend who feels they have been affected by, or are concerned about a loved one's chemical use.
- It is *not* necessary to have a guest at The Retreat to participate in the family program.
- Retreat guests may participate in this program when their own family is *not* present.
- The minimum age for attendance is 12. Separate programming is available for teenagers younger than age 12. We need a minimum of six children to offer this.
- The program cost \$450.

Four Week Family Transitions Series: On-going support for Family Program Participants

- Monday evenings from 6:30-8:30pm
- Conducted at 1221 E. Wayzata Blvd, Main building
- Series Topics- Trust, Communication, Feelings and Expectations
- The series cost \$125 including materials

Weekly Open Al-Anon meeting

- Pathfinders Al-Anon meets Tuesday night at 7pm in the lower level meeting room in the main Retreat building.
- Meeting format is study of the Steps and Traditions of Al-Anon.

Weekly Sunday Family Day: Noon to 5pm

- Noon lunch with Guest.
- Open Al-Anon speaker meeting every Sunday at 1pm in lower level meeting room.
- All Retreat guests attend as well as family members who are visiting a guest. It may not be appropriate for young children who are not able to sit quietly for an hour.

Monthly Open Alateen meeting

- Meets the first Sunday of the month at 1pm in the meditation room.
- Meetings are run by an Al-Anon member who works with Alateens.

Monthly Spiritual Meetings

- The first and third Wednesday at 7pm a member of the recovery community speaks on a topic related to spiritual growth. Open to anyone in 12 step recovery.