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## Family Program and Recovery Activities

*Check Web site for dates and additional details: [www.theretreat.org](http://www.theretreat.org)*

**Family Program:** The Retreat 30-day program includes one family member participating in the four day family program.

*Participants stay in the McIver Center. It is considered a Residential Program.*

- The program is for any family member or friend who feels they have been affected by, or are concerned about a loved one's chemical use.
- It is *not* necessary to have a guest at The Retreat to participate in the family program.
- The minimum age for attendance is 12. Separate programming is available for children younger than age 12. We need a minimum of six children to offer this.
- The program cost \$450.

**Weekly, Tuesday Night: Open Al-Anon meeting** (*This meeting is not affiliated with The Retreat.*)

- **Pathfinders Al-Anon**, at 7pm in the lower level meeting room, main Retreat building.
- Meeting format is study of the Steps and Traditions of Al-Anon.

**Weekly, Sunday Family Day: Noon to 5pm**

- Noon lunch for families and friends with Guest.
- Open Al-Anon speaker meeting at 1pm in lower level meeting room. Retreat Guests, Alumni, family members and friends attend. Not appropriate for young children.
- Kids' Meeting a 1pm in the Mens' Chapel – for children age 7 – 12 years old who are growing up in addicted families.

**Wednesday Spiritual Meetings**

*Open to all 12 Step Fellowships. Meetings begin at 7pm each Wednesday, lower level meeting room.*

- **1<sup>st</sup>: Spirituality Meeting with Dick Rice.** Conducted in a 12 Step meeting format with opening presentation by Dick or a guest speaker.
- **2<sup>nd</sup>: Relationships as a Spiritual Practice** hosted by Sherry G-S and Ken S. The meeting focuses on the application of the 12 Traditions to enrich and heal relationships. *Not limited to couples*, the discussion covers all relationships.
- **3<sup>rd</sup>: An Evening with Roger B.** The talk covers topics related to recovery and on-going spiritual growth. Session includes time for Q & A plus discussion.
- **4<sup>th</sup>: Women in Recovery (for women only).** Open to all women in recovery. Topics with a women's focus are explored and discussed in large and small groups.