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[“The Retreat - Alive with the Spirit of Recovery”](#)

Monthly Meetings at The Retreat

1221 Wayzata Boulevard East | Wayzata, MN | 952.476.0566 | www.theretreat.org

Stay Connected

The staff and alumni of The Retreat and the Recovery Community are committed to providing a positive, safe and spiritual environment to help you get the most out of your spiritual growth and recovery. We’ve put together a schedule of monthly meetings to develop and enhance your spiritual fitness. You and your friends are invited to join us and become a part of the solution!

Wednesdays at The Retreat

~ *Open to all 12 Step Fellowships* ~

All meetings begin at 7:00 p.m. in the Lower level meeting room

Coffee, cake and fellowship follow.

1st Wednesday ~ *A Spiritual Meeting with Dick Rice*

Your spiritual fitness is the cornerstone of your recovery, and this special monthly meeting with Dick Rice will help you build and maintain your spiritual foundation, expose you to new facets of your spirituality, and help keep you on the path to a healthy, fulfilling and fun recovery! Once in a while we are treated to a presentation by a special guest speaker.

2nd Wednesday ~ *Relationships as a Spiritual Practice – Unity through the Traditions*

Sponsored by our own Sherry G. and Ken S., this meeting will focus on the use and application of the 12 Traditions to heal and enrich all relationships. This is not limited to couples. The ideas and principles used have been found to work for all. We are excited to offer this on-going spiritual support for our relationships. Alcoholism and chemical dependency impact everyone who cares about us and we believe these relationships can be healed.

3rd Wednesday ~ *An Evening with Roger B.*

Roger B. presents his unique, entertaining and memorable recovery-based message – and Roger knows how to tell it like it is. Each month Roger selects a topic to discuss, drawn from his own experience or upon request. Engage in your recovery – this is an evening you will not forget. Tapes of previous meetings are available for sale at a nominal fee.

Women’s Alumni Meeting – 3rd Thursday

7:30 p.m. in the Women’s Community Meeting Room

~ *Retreat Women Alumni* ~

This exciting meeting is an opportunity for our alumni women to come back and share with the current guests their experiences in sobriety after they left The Retreat. What worked? What didn’t? How did they take what they learned at The Retreat with them? This is a valuable and enriching service opportunity to “pay it forward” to those who will truly find your experience of interest and practical value. Come and share your recovery...and carry the message.

(See other side for weekly meeting schedule)

All meetings are held at **the retreat** | 1221 wayzata boulevard east | wayzata, mn 55391 | 952.476.0566 | www.theretreat.org

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Weekly Meetings at The Retreat

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AA at The Retreat

Friday Night Live ~ “Language of the Heart” – 7:00 p.m. Open AA Speaker Meeting

This is an open, mixed, speaker meeting. Join our guests each week as a speaker shares his or her experience, strength and hope in this program. Don’t miss this chance to hear real-life stories that can inspire and enhance your sobriety!

This is a public meeting and is open to anyone; Lower level meeting room

Sunday Night ~ “Turning Point” – 7:00 p.m. Closed AA Step & Discussion Meeting

This popular closed, mixed meeting with the Retreat guests focuses on one of the twelve steps each week, followed by small group discussion. This meeting also recognizes sobriety birthdays and many of our recent Alumni come back to get their “chips”. On the fourth Sunday, the format changes to a speaker meeting. This is a great way to stay connected with The Retreat and to continue your spiritual recovery as outlined in the twelve steps.

This is a public meeting open only to those with a desire to stop drinking; Lower level meeting room

Monday Night ~ “Keep It Simple” – 7:30 p.m. Closed, Mixed Step and Tradition Meeting

This meeting is NOT attended by The Retreat Guests; Lower level meeting room

Al-Anon at The Retreat

Tuesday Night ~ “Pathfinders” Al-Anon Meeting – 7:00 p.m.

This meeting is NOT attended by The Retreat Guests; Lower level meeting room

Sunday’s After Lunch ~ In-House Al-Anon Meeting – 1:00 p.m. – Retreat Guests, Alumni,

Families, and Friends

Lower level meeting room

Be sure to pick up a Brochure on our Family Recovery Programs. You do not need to have a friend or family member at The Retreat to participate.

(See other side for monthly meeting schedule)