**Women In Recovery**

**Letters From God**

1. Looking back on last year, where do I feel like I have made mistakes, where have I experienced loss, when have I felt like a failure, where have I felt lost? My God-Self would like me to look at these events thru the lens of Acceptance, Compassion and Love to show me the gifts and strengths being offered to me as a result of these experience.
2. Looking ahead what is your God-Self inviting you to release or let go of in the next year? Does the-you-from-one-year-from-today have any messages for you?

Prayer

God please help me, remove my fears (worries/doubts/regrets) through acceptance, compassion and love for myself. Direct me to who you would have me be. Your will not mine be done.