**FORGIVENESS RESOURCES & MORE WITH MARY HAYES GRIECO**

[www.forgivenesstraining.com](http://www.forgivenesstraining.com) [www.maryhayesgrieco.com](http://www.maryhayesgrieco.com)

**Upcoming Classes, Fall 2021**

**The Wonderful Forgiveness Weekend will be held in St. Paul on October 8-10, 2021.**

https://www.forgivenesstraining.com/training-programs/the-wonderful-forgiveness-weekend/

**The 2021-22 Self Mastery Program:** For passionate students of self-transformation! Thesedeeper studies in holistic psychology and spiritual healing principles with Mary as your mentor are life-changing. This course is also the foundation for future forgiveness teachers. The Midwest Institute is currently accepting applications for 15 students to begin the 10 month program this fall. 40 CEs for mental health professionals. **Call 612-874-6622** to discuss your interest. <https://www.forgivenesstraining.com/training-programs/the-self-mastery-program/>

**Buy books by Mary Hayes Grieco:** <https://maryhayesgrieco.com/store/>

*Unconditional Forgiveness*

*The New Kitchen Mystic*

 *Ambushed by Babies*

*Forgiveness workbook*

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**PODCAST: Enjoy Mary Hayes Grieco & Erin Warhol’s podcasts** [www.riseandthriveshow.com](http://www.riseandthriveshow.com)

And [www.lifegetsbetternow.com](http://www.lifegetsbetternow.com)

**Three podcasts about forgiveness:**

**Recordings from Mary Hayes Grieco’s Self Mastery classes:**

<https://riseandthriveshow.com/befriending-the-f-word-getting-your-head-around-doing-some-forgiveness-soon/> “Befriending the F Word – get your head around doing some forgiveness.”

<https://maryhayesgrieco.com/podcast/episode-104/> **“Give yourself a break – the importance of self forgiveness.”**

<https://maryhayesgrieco.com/podcast/episode-108-the-promise-of-freedom/> “**The Promise of Freedom.”**